

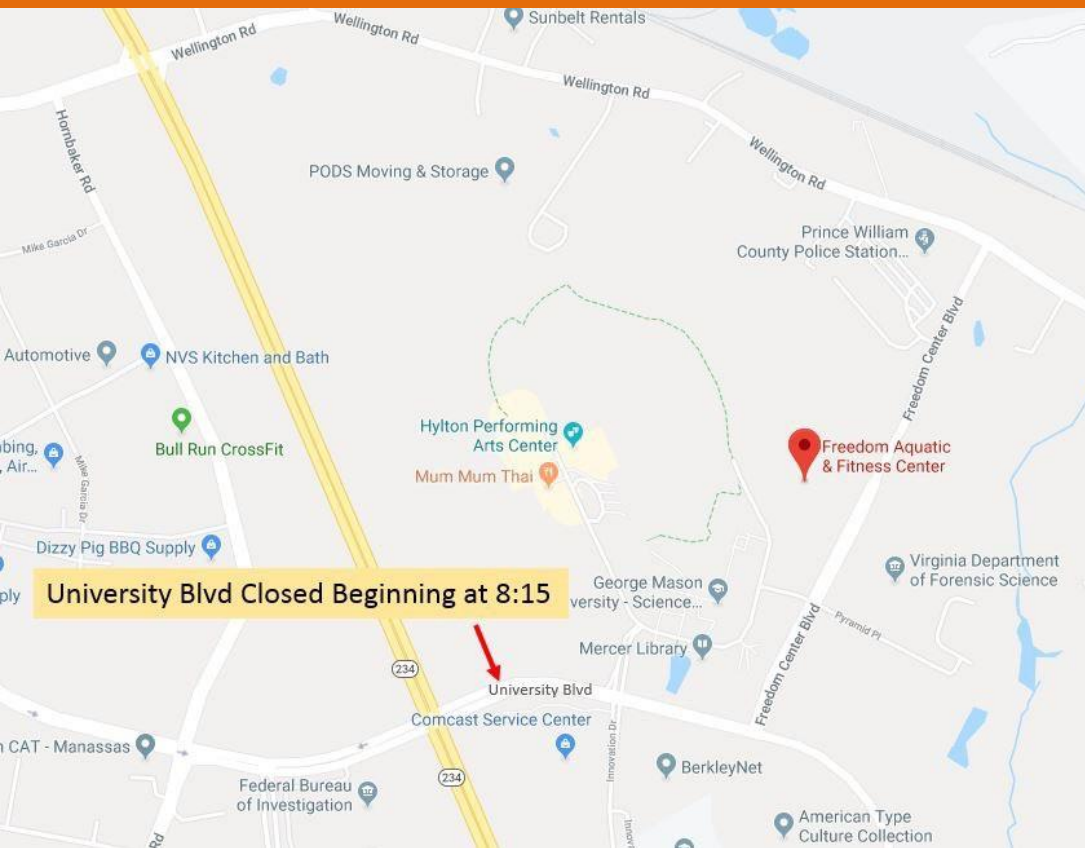
HERO'S PRINCE WILLIAM BRIDGE TURKEY TROT PARTICIPANT GUIDE



THURSDAY, NOVEMBER 28, 2024

8:30 Turkey Trot 5k 9:30 Mashed Potato Mile

Freedom Aquatic and Fitness Center, 9100 Freedom Center Blvd, Manassas



PARKING AND DIRECTIONS

Please arrive at the Freedom Center no later than 50 minutes prior to your race time.

At 8:15, prior to the start of the 5k, **University Blvd will be closed** along the race route. At that time, you can only access the Freedom Center via Wellington Road and then Freedom Center Blvd.

PACKET PICKUP

LOCATION: Freedom Aquatic & Fitness Center, 9100 Freedom Center Blvd Manassas, VA 20110

DATE/TIME: Wednesday, 11/27; 3:00 pm to 7:00 pm

Please note that Packet Pick Up is NOT at The Running Store

RESULTS AND AWARDS

- All participants will receive a race shirt, custom race medal and custom race bib.
- Race Results Kiosk: Results will be posted in the Freedom Center gym. In addition, you are welcome to print out a digital finisher's certificate.
- There is no formal awards ceremony – just pick your award up inside the gym! The top 3 overall men and women receive Running Store gift cards as follows: \$75,\$50,\$25. The top 3 male and female 5K finishers in each of the following 5K age groups receive Running Store gift cards (\$15/\$10/\$5): 10 & Under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+.

BEFORE, DURING AND AFTER THE RACE

- The Freedom Aquatic & Fitness Center has graciously opened its facility so participants and spectators can stay "warm" both pre and post-race.
- Restrooms are available in the Freedom Center.
- Please note the 1 Mile race is NOT timed.
- We will offer 1 water station at the 1.5 mile mark of the race. Small unopened water bottles will be available on a table for runners. In addition, small water bottles will be available at the end of the race.
- The Prince William Turkey Trot offers timed pacers for runners hoping to hit the following times: 20:00, 25:00 and 30:00